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Declarations under Rule 4.17:

- *as to applicant's entitlement to apply for and be granted a patent (Rule 4.17(ii))*
- *of inventorship (Rule 4.17(iv))*

Published:

- *with international search report (Art. 21(3))*



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(54) Title: AN ADVANCED MASSAGE THERAPY BY BARE FEET AND A ROPE FOR BALANCE PROVIDING RELAXATION TO THE TIRED AND STIFFED MUSCLES OF THE BODY ALONG WITH GOODNESS OF BASALT STONE

(57) Abstract: The present invention is relates with modern rope massage therapy by bare feet and a rope to balance and provide relaxation to the tired and stiffed muscles of the body. This technique not only provided relaxation to the tired muscles but was also easy for the doer. This is practitioner uses a rope in order to balance their weight and transferring pressure to the person. This massage is carried out by the legs of the practitioner in a sweeping movement over the muscles and the ligaments of the body. The hot basalt stone for channelizing the positive energy.

TITLE OF INVENTION: “An Advanced massage therapy by bare feet and a rope for balance providing relaxation to the tired and stiffed muscles of the body along with goodness of Basalt stone”.

DETAILED DESCRIPTION OF INVENTION

The Rope massage is slowly gaining its place in the world of massage. As in the olden days, the practice of making the little ones walk over the body of an adult was quite common in India. This technique not only provided relaxation to the tired muscles but was also fun for the little ones. Today, when given a thought to it, that technique was nothing but removal of congested fluid in the muscles cause due to routine and stress life, relaxing and toning of the muscles.

Understanding the anatomy of the body and their physiological functions, the present inventor has designed a new techniques and development to give a modern look to this massage and calling it “The Modern Rope massage”.

According to the present invention this equipment and techniques makes this massage more effective, tolerable and easy to imply. This equipment had 2 lines of rope suspended parallel to the opposite poles where the practitioner can hold both the rope at the same time and can modulate his own body weight and provide appropriable pressure require by the persons body and desired without losing his or her balance.

This massage comprises of exfoliation, stretching, application of the Massage balm, massage, hot compressor and placing hot basalt stone to be done in sequence.

Exfoliation is optional as per the client or the SPA's protocol.

Stretching is done to warm up and loosening the stiffed muscle, ligament and to avoid any shock or injury to the muscles of the body.

Once the client is asked to lie in prone position, an essential oil based massage balm is applied over the body as a medium and the massage by the leg follows. Massage will start by walking over the body gently for few minutes. This is done to prepare the body for the massage and to take an idea of where in the body the stiffed muscles or the nodes are present.

Initially, only effleurage or sweeping movement is applied followed by the friction directing the flow towards the heart. Balls of the feet or toe is used to sweep out the congested fluid by working over the muscle. This movement helps to remove the fluid because of which the stiffness and the pain in the muscles is experience.

After the massage is over, hot compressor by placing hot towel is given. Compression is done again by the legs of the practitioner as he walks over the body. While the person is asked to turn in supine position Stone are placed over the seven charkas of the body and person is asked to lie over it. Inclusion of the Stone therapy is provided to open the channel of the body to release the negative energy and to start receiving the positivness and goodness of the treatment.

Hot towel compression will loosen the tension and congestion further to provide relief to the muscles and to the person. Finishing of the treatment will be client will be ask to sleep in the shawashan for 10min (yoga mudra) to get more relaxation.

The technique will utilize the sole and the balls of the foot depending on the part, area and the muscles of the body. The stroke will be mainly of effleurage in nature i.e. sweeping and long stroking directing towards the heart and lymph nodes. Also compression and releasing movement, walking and vibration through foot can be included in this massage.

The equipment is portable. So this technique of massage can be carried out in space, close to the nature and not restricting to the close rooms of SPAs. The rope fixed are colored in different shades and have small bells fixed to the rope. The sound of the bells will distract all the negative thoughts making the person's mind focus on the massage and relaxation and the colored ropes are soothing to the eyes and mind making one feel closer to the nature.

These sounds also have soothing effect on the mind, Besides, this technique is also beneficial to the practitioner as one doesn't have to exert himself or she over the manipulation of various movements to get the desired results and it also fun listening to the natural chiming of the bells.

The Main Contra indication Diseases are following

Pregnancy, Osteoporosis, Asthma massage, High Blood pressure, Diab tes, Old people
Fever, Recent fracture or surgery, Cancer or AIDS thereof.

The Advantages of this Massage therapy is following

Improved blood circulation, Removal of waste or congested fluids, Relief to the tired and stiff muscles, Refreshing to the mind (done in open space or nature), Improve muscle tone, Detoxify the body, Easy to do the therapy, Client and therapist both enjoy to give and tack this therapy.

CLAIMS

1. An advanced massage therapy by bare feet and a rope for balance providing relaxation to the tired and stiffed muscles of the body.
2. An advanced massage is claimed as claim 1 wherein said this technique not only provided relaxation to the tired muscles but also more effective, tolerable and easy for the doer.
3. An advanced massage is claimed as claim 1 wherein said this technique will channelize the positive energy and releasing negativity out of a person.
4. An advanced massage is claimed as claim 1 wherein said this massage getting more advantages those are Improved blood circulation, Removal of waste or congested fluids, Relief to the tired and stiff muscles, Refreshing to the mind (done in open space or nature), Improve muscle tone, Detoxify the body, balancing ones energy, mind and body.
5. An advanced massage is claimed as claim 1 wherein said this technique of massage can be carried out in space, close to the nature and not restricting to the close rooms of SPAs for example-swimming pool, garden, lawn ,waiting area thereof.
6. An advanced massage is claimed as claim 1 wherein said this is mostly practitioner uses a rope in order to balance their weight and transfer the pressure and this carried out by the legs of the practitioner in a sweeping movement over the muscles and the ligaments of the body.

INTERNATIONAL SEARCH REPORT

International application No
PCT/IN2011/000440

A. CLASSIFICATION OF SUBJECT MATTER
 INV. A61H37/00
 ADD.
 According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED
 Minimum documentation searched (classification system followed by classification symbols)
 A61H
 Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)
 EPO-Internal, WPI Data

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	DE 10 2007 050575 A1 (FUNK MICHAEL [DE]) 30 April 2009 (2009-04-30) the whole document	1,6
A	----- US 2010/234771 A1 (INGRASSIA PATRICK [US]) 16 September 2010 (2010-09-16) the whole document -----	1,6

Further documents are listed in the continuation of Box C.

See patent family annex.

* Special categories of cited documents :

- "A" document defining the general state of the art which is not considered to be of particular relevance
- "E" earlier document but published on or after the international filing date
- "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
- "O" document referring to an oral disclosure, use, exhibition or other means
- "P" document published prior to the international filing date but later than the priority date claimed

- "T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
- "X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
- "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.
- "&" document member of the same patent family

Date of the actual completion of the international search
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INTERNATIONAL SEARCH REPORT

International application No.
PCT/IN2011/000440

Box No. II Observations where certain claims were found unsearchable (Continuation of item 2 of first sheet)

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. Claims Nos.: 2-5(completely); 1, 6(partially)
because they relate to subject matter not required to be searched by this Authority, namely:
see FURTHER INFORMATION sheet PCT/ISA/210

2. Claims Nos.:
because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3. Claims Nos.:
because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

Box No. III Observations where unity of invention is lacking (Continuation of item 3 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

1. As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.

2. As all searchable claims could be searched without effort justifying an additional fees, this Authority did not invite payment of additional fees.

3. As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claims Nos.:

4. No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

- The additional search fees were accompanied by the applicant's protest and, where applicable, the payment of a protest fee.
- The additional search fees were accompanied by the applicant's protest but the applicable protest fee was not paid within the time limit specified in the invitation.
- No protest accompanied the payment of additional search fees.

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

Continuation of Box II.1

Claims Nos.: 2-5(completely); 1, 6(partially)

The subject-matter of claims 1 and 6 relate to a method for treatment of the human or animal body by therapy (Rule 39.1(iv) PCT). The search was therefore restricted to the remaining technical features, namely a rope and a balancing system for a practitioner. Claims 2-5 do not specify additional technical features over the subject-matter of claim 1 but merely explain the effect which is achieved. Therefore these claims could not be searched.

INTERNATIONAL SEARCH REPORT

Information on patent family members

International application No

PCT/IN2011/000440

Patent document cited in search report	Publication date	Patent family member(s)	Publication date
DE 102007050575 A1	30-04-2009	NONE	
US 2010234771 A1	16-09-2010	NONE	