



The role of the Al Ikhlas nursing home in efforts to improve the welfare of the elderly

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ARTICLE INFO

Article history:

Received Sept 21, 2023

Revised Sept 30, 2023

Accepted Oct 02, 2023

Keywords:

Al-Ikhlas;
Nursing homes;
Improve;
Welfare;
Elderly.

ABSTRACT

This study aims to examine the role of nursing homes in improving the welfare of the elderly. The search results reveal that nursing homes are prone to mistakes and adverse events, and that the physical environment and infrastructure of nursing homes are critical to residents' quality of life. The study recommends that nursing homes collaborate with social services providers, assess the physical, mental, and social health status of the elderly, and explore the role of family involvement in improving the welfare of the elderly. The study also highlights the importance of staff training, adequate staffing levels, and effective communication between staff, residents, and families in improving the quality of care in nursing homes.

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1. INTRODUCTION

The elderly population is growing rapidly, and with it comes the need for quality care and treatment centers that can cater to their needs (Kruk et al., 2018; Viswanath, 2006). Nursing homes are one such center that provides long-term care for the elderly. The quality of care provided in nursing homes is of great concern to researchers and healthcare professionals alike (Muller et al., 2020; White et al., 2019). The best practices in nursing home care are constantly evolving, and it is essential to identify the factors that contribute to the effectiveness of nursing homes in improving the welfare of the elderly (De Leeuw et al., 2020; Gonella et al., 2021). One such nursing home is the Al Ikhlas Care and Treatment Center, which has been providing nursing home care for the elderly for several years. The center's role in improving the welfare of the elderly is of great interest to researchers and healthcare professionals alike. This study aims to explore the role of the Al Ikhlas Care and Treatment Center in efforts to improve the welfare of the elderly. The study will examine the best practices in nursing home care, the theoretical frameworks that underpin nursing home care, and the factors that affect the effectiveness of Al Ikhlas Care and Treatment Center in nursing home care. The study will also provide recommendations for future research in this area. By examining the role of Al Ikhlas Care and Treatment Center in nursing home care, this study aims to contribute to the body of knowledge on nursing home care and improve the quality of care for the elderly.

The study on the role of the Al Ikhlas Care and Treatment Center in efforts to improve the welfare of the elderly is significant for several reasons. Firstly, the elderly population is growing rapidly, and nursing homes are becoming an increasingly important part of the healthcare system. Understanding the best practices in nursing home care and the factors that contribute to the effectiveness of nursing homes is essential to improve the quality of care for the elderly. Secondly, the Al Ikhlas Care and Treatment Center has been providing nursing home care for the elderly for several years, and its role in improving the welfare of the elderly is of great interest to researchers and healthcare professionals alike. By examining the role of Al Ikhlas Care and Treatment Center in nursing home care, this study

aims to contribute to the body of knowledge on nursing home care and improve the quality of care for the elderly. Thirdly, the study will examine the theoretical frameworks that underpin nursing home care, such as Herzberg's Theory of Motivation and Wilson and Cleary Health-Related Quality of Life Model, to provide a theoretical basis for the study. Finally, the study will provide recommendations for future research in this area, which can help guide policymakers and healthcare professionals in improving the quality of care for the elderly.

The problem addressed in this study is the need for quality nursing home care for the elderly population, which is growing rapidly (Fang et al., 2020; Gupta et al., 2021; Torous et al., 2021). The study aims to explore the role of the Al Ikhlas Care and Treatment Center in efforts to improve the welfare of the elderly. The objectives of the study are as follows: (a). To examine the best practices in nursing home care and their effectiveness in improving the welfare of the elderly. (b). To explore the theoretical frameworks that underpin nursing home care, such as Herzberg's Theory of Motivation and Wilson and Cleary Health-Related Quality of Life Model. (c). To investigate the factors that affect the effectiveness of Al Ikhlas Care and Treatment Center in nursing home care. (d). To provide recommendations for future research in this area.

By addressing these objectives, the study aims to contribute to the body of knowledge on nursing home care and improve the quality of care for the elderly. The study will also provide insights into the role of Al Ikhlas Care and Treatment Center in nursing home care and its effectiveness in improving the welfare of the elderly.

A nursing home is a facility that provides long-term care for individuals who are not able to care for themselves at home but do not require hospitalization (Gardner et al., 2020; Gorges et al., 2019; Mileski et al., 2020). Nursing homes are also referred to as care homes or skilled nursing facilities (SNFs). They provide a wide range of health and personal care services, including nursing care, medical care, physical, speech and occupational therapy, and planned activities. Nursing homes may also offer memory care services, often called dementia care. The staff at nursing homes includes nursing aides and skilled nurses who are available 24 hours a day.

The quality of care provided in nursing homes varies widely, and the potential for abuse exists. Nursing homes are licensed as Skilled Nursing Facilities (SNFs) in California *1

The role of nursing homes in improving the welfare of the elderly is crucial for providing quality care and enhancing their overall well-being (Bar-Tur, 2021; Cordes et al., 2019). Some key aspects of this role include: (a). Medical and nursing care: Nursing homes are responsible for providing appropriate medical and nursing care to their residents. This includes managing chronic illnesses, controlling pain, and addressing mental health issues. Ensuring that nursing home residents receive the same standard of care as the elderly in the community is essential. (b). Rehabilitation services: Many nursing home residents require short-term, intense rehabilitation services to regain their independence and functionality. Nursing homes play a vital role in providing these services and helping residents achieve their maximum potential for recovery and well-being. (c). Activities and social support: Nursing homes offer a variety of activities to improve the quality of life for their residents. These activities are designed to be psychologically, socially, spiritually, and physically beneficial, providing residents with a sense of purpose and social support. (d). End-of-life care: Nursing homes also play a significant role in providing end-of-life care for their residents. This includes implementing dementia care models and other evidence-based programs that focus on improving the quality of life for residents in their final stages of life. (e). Facility management and staff training: The overall management of nursing homes, including the training and well-being of the staff, is essential for ensuring the welfare of the elderly residents. Well-trained and responsive staff, along with well-maintained buildings, contribute to a positive living environment for the residents.

Nursing homes play a vital role in providing long-term care for the elderly (Johannessen et al., 2020; White et al., 2019, 2020). The following are some best practices in nursing home care: (1). Person-centered care: Person-centered care is a best practice that focuses on the individual needs and preferences of each resident. This approach involves empowering residents to make decisions about their care and providing them with a sense of control over their lives. (2). Staff training and support: Staff training and support are essential for ensuring that nursing home staff can provide high-quality care to residents. This includes training on supervision and management for licensed nurses, certified nursing assistant job enrichment programs, and consistent nursing assignments. (3). Emotional well-being of staff: The emotional well-being of nursing home staff is crucial for ensuring that they can provide quality care to residents. Providing support and resources to staff, including information about the effects of the COVID-19 pandemic on mental health, is essential. (4). Rehabilitation services: Nursing homes should provide rehabilitation services to residents who require short-term, intense rehabilitation to regain their independence and functionality. (5). Activities and social support: Nursing homes should offer a variety of activities to improve the quality of life for

their residents. These activities should be designed to be psychologically, socially, spiritually, and physically beneficial, providing residents with a sense of purpose and social support.

By implementing these best practices, nursing homes can provide high-quality care to their residents and improve their overall well-being. Herzberg's Theory of Motivation (Sobaih & Hasanein, 2020), also known as the Two-Factor Theory, is a motivational theory that was developed by Frederick Herzberg in the late 1950s. The theory proposes that two sets of factors influence job satisfaction: hygiene factors and motivators (a). Hygiene factors, such as salary, working conditions, and company policies, are necessary to prevent job dissatisfaction, but they do not necessarily lead to job satisfaction, (b). . Motivators, such as recognition, achievement, and responsibility, are necessary to create job satisfaction and motivate employees to perform at their best.

Herzberg's theory has been widely used in the field of human resources and management to understand employee motivation and job satisfaction. The theory suggests that managers should focus on providing both hygiene factors and motivators to create a positive work environment and motivate employees to perform at their best. By understanding the factors that influence job satisfaction and motivation, managers can create a work environment that fosters employee engagement and productivity.

The Wilson and Cleary Health-Related Quality of Life Model is a conceptual model that integrates clinical and psychosocial approaches to healthcare (Buldur & Güvendi, 2020; Lee & Yun, 2020; Yoon et al., 2021). The model links the biological and psychological aspects of health and well-being and proposes that health-related quality of life (HRQOL) is influenced by five domains: biological and physiological factors, symptoms, functional status, general health perceptions, and overall quality of life. The model also suggests that these domains are interrelated and that changes in one domain can affect the others.

The Wilson and Cleary model has been widely used in the field of health-related quality of life research to understand the factors that influence HRQOL (Etxeberria et al., 2019; Krawczyk-Suszek & Kleinrok, 2022; Saketkoo et al., 2021). The model provides a framework for researchers to identify the factors that affect HRQOL and to develop interventions to improve HRQOL. The model has also been used in clinical practice to assess the HRQOL of patients and to develop treatment plans.

Overall, the Wilson and Cleary Health-Related Quality of Life Model is a valuable tool for understanding the factors that influence HRQOL and for developing interventions to improve the well-being of patients.

2. RESEARCH METHOD

The study on the role of the Al Ikhlas Care and Treatment Center in efforts to improve the welfare of the elderly will use a mixed-methods approach to collect and analyze data. The study will be conducted in two phases:

Phase 1: Qualitative Data Collection (W. Creswell, 2013). The first phase of the study will involve conducting focus group discussions with residents of the Al Ikhlas Care and Treatment Center and their family members (Adler et al., 2019). The focus group discussions will be used to gather information on the following:

1. The quality of care provided by the Al Ikhlas Care and Treatment Center
2. The effectiveness of the Al Ikhlas Care and Treatment Center in improving the welfare of the elderly
3. The factors that contribute to the effectiveness of the Al Ikhlas Care and Treatment Center
4. The challenges faced by the Al Ikhlas Care and Treatment Center in providing quality care to its residents

Phase 2: Quantitative Data Collection The second phase of the study will involve collecting quantitative data using a survey questionnaire (Bloomfield & Fisher, 2019; Story & Tait, 2019). The survey questionnaire will be administered to the residents of the Al Ikhlas Care and Treatment Center and will be used to gather information on the following:

1. The residents' perceptions of the quality of care provided by the Al Ikhlas Care and Treatment Center
2. The residents' overall well-being and satisfaction with their living arrangements
3. The residents' physical and mental health status
4. The residents' level of engagement in activities and social support

Data Analysis: The qualitative data collected from the focus group discussions will be analyzed using thematic analysis to identify the key themes and patterns that emerge from the data. The quantitative data collected from the survey questionnaire will be analyzed using descriptive statistics and inferential statistics to identify any significant relationships between the variables.

3. RESULTS AND DISCUSSIONS

Pusat Jagaan dan Rawatan Orang Tua Al-Ikhlas: This is a care and treatment center for the elderly located in Selangor, Malaysia. They provide food, shelter, and medication to their residents. Integrating social support into interventions among the elderly in nursing homes can improve physical function and quality of life.

1. Improving participation in life meaningful roles is one of the most important predictors of quality of life and life satisfaction in later life.
2. The well-being of nursing home residents should be a central focus of nursing home care, as well as facilitating meaning and purpose in life.
3. The growth of the elderly population is inevitable, and elderly care is provided by formal and informal caregivers. Due to the prevailing culture of family relations in some countries, families are reluctant to leave the elderly in nursing homes. Advantages and disadvantages of Pusat Jagaan dan Rawatan Al Ikhlas in improving the welfare of the elderly.

Advantages:

1. Nursing homes can provide 24-hour care and supervision for the elderly, which can help ensure their safety and well-being.
2. Nursing homes can provide a sense of community and social support for the elderly, which can help prevent social isolation and loneliness.
3. Nursing homes can provide access to healthcare services and medical professionals, which can help ensure that the elderly receive proper medical care.

Disadvantages:

1. Nursing homes can be expensive, and many elderly people may not be able to afford the cost of care.
2. Nursing homes can be institutional and may not feel like home to the elderly, which can lead to feelings of loneliness and depression.
3. Nursing homes can be understaffed, which can lead to inadequate care and neglect.

4. CONCLUSION

The result of this research is the implementation of an MOU or collaboration with Dharmawangsa University and Manipal University. Due to the minimal funds available to nursing homes, it is recommended that home owners carry out operations. decrepit to increase cooperation with local government. And than The security center is not widely known by other people, it is necessary to increase the network with the content. The partner is able to collaborate with the local government or the private sector for the welfare of the elderly in the area. Invite content creators or administrators or human welfare institutions that have many subscribers so that they can be introduced to them such as Instagram, TikTok, YouTube. If it is already known to the public then the creators. Next, Nursing home activities are rarely carried out so that many elderly people who are still able to carry out activities feel fed up and bored. Therefore, the Al Ikhlas parent care and treatment center can collaborate with social services to bring in experts such as embroidery experts, gymnastics teachers and lecturers. The interview method is carried out at the survey activity stage where the team communicates with partners. The service team conducts interviews with care center managers by asking questions about the problems faced by partners and the elderly. From the results of the interviews, the service team can conduct an analysis of the general problems faced by the care center. al Ikhlas selangor. The lecture method when carrying out PKM activities, the service team provides education. A suggestion for future research development is to take a holistic approach to improving the welfare of the elderly at Al Ikhlas Nursing Home. This includes various aspects, such as increasing collaboration with educational and government institutions, developing more structured welfare programs, and utilizing technology and social media to increase visibility and community support. In addition, further research could focus on evaluating the impact of the measures taken, including measuring the quality of life of the elderly and the effectiveness of the programs implemented. A deeper understanding of the needs of older people in nursing homes and the most effective solutions can help create a better environment for them and make a positive contribution to broader social change related to the care and well-being of older people in society.

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